THE DEPAUL HUMANITIES CENTER Hungry Humanities Series

PRESENTS



SECRET







"Sunny Side Up Breakfast"
egg white = yogurt
egg yolk = peaches
potatoes = braised cinnamon coated apples
toast = grilled pound cake
Recipe and photo by David R. Bowman

You are what you eat, but do you really know what you are? Food often has secrets, and things aren't always what they seem to be—even on your plate. Join us for an evening with three experts willing to pull back the curtain, peer into the kitchen, and investigate the secret life of food. Celebrated author Rowan Jacobsen goes looking for animal-free foods that mimic the taste, texture, and appearance of meat and dairy in "Hacking Meat." New Yorker contributor Nicola Twilley braves the cold in order to expose the ways in which refrigeration technology has fundamentally altered what we eat in "The Distributed Winter." And celebrity chef Judson Todd Allen turns up the heat as he uncovers the ways in which spices alter our experience of food in "The Spice Diet."

